



Erasmus+



ERASMUS +

KEY ACTION: Learning Mobility of Individuals

ACTION: Mobility of learners and staff

YOUTH EXCHANGE



“Christmas is here!”

Youth Exchange Project “Christmas is here!” funded by
ERASMUS + program



Youth exchange is organized by the Society “ERFOLG”



and 6 partner organizations

ASD from Romania, **Teatro Metaphora - Assoc. Amigos Artes** from Portugal
& **EN.O GREECE** from Greece, **MOJE KRZYSZKOWICE** from Poland, and
Associazione Uniamoci Onlus from Italy.

Project: 11.08.2014 – 11.05.2015

Project Dates: 11th- 20th December 2014 (11th is arriving day– 20th is leaving day)

APV dates: 7th - 8th November 2014 (1 leader + 1 youth from each country, we will work on the program and all the logistics, activities etc.) (6th is arriving day– 9th is leaving day).

Countries: Latvia, Greece, Portugal, Romania, Poland and Italy (1 leader + 5 participants from each group the ages 16 – 30 for participants)

Organizers: Society „ERFOLG” (Daugavpils, Latvia)

Payment Conditions for APV: accommodation and local transportation is covered by the project. Food is not provided. Travel costs will be covered according to distance calculator according to distance between place where participants live to venue of the project.
http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm

Amount of money which we can reimbursed according to kilometers you may found in the table below:

KM	EUR
0 - 99	0
10 - 99	20
100 - 499	80
500 - 1999	170
2000 - 2999	270
3000 - 3999	400
4000 - 7999	620
8000 - 19 999	830

The groups will buy their tickets and after the project when everybody will sent their boarding passes and original tickets travel costs will be reimbursed; the reimbursement for travel cost will be made by the bank transfer.

ABOUT THE PROJECT

The exchange project **“Christmas is here”** will run in Daugavpils for day (**11.08.2014 - 11.05.2015**). Trainings in Latvian city Daugavpils will run from **11.12.2014** till **20.12.2014**.

Main project themes are: art and culture, youth leisure time

Project activities are planned 10 days training for **24** youth and youth leaders from different countries.

As the working methods will be used workshops, trainings, excursion team activities, ice-breaking activities, discussions, performances, flash mob, work in pairs, interviews of project participant, Christmas song learning. Christmas traditions, Christmas tree dressing, etc. .

During the project activities the youth will have an opportunity to get to know a European countries culture, get know Latvia and get know more about different Christmas traditions in different countries. During the project, young people will represent their country Christmas tradition, Christmas cuisine and other interesting things and facts about the Christmas. Through activities of Christmas tradition youth will provide they opinion about such important themes as solidarity, tolerance, inclusion different culture multiplicity etc.

Realizing the planned activities in the project, there will be promoted the development of the international dialog, the improvement of the youth communication and social skills, the broadening of the outlook, awareness of the belonging to the European youth community.

PLACE AND AROUND



Daugavpils is a city in southeastern Latvia, located on the banks of the Daugava River, from which the city gets its name. Daugavpils literally means "Daugava Castle". With a population of over 100,000, it is the second largest city in the country after the capital Riga, which is located some 230 km to its north-west. Daugavpils has a favorable geographical position as it borders Belarus and Lithuania (distances of 33 and 25 km respectively). It is located some 120 km from the Latvian border with Russia. Daugavpils is a major railway junction and industrial centre. The city is surrounded by many lakes and nature parks.

Daugavpils is an important cultural center in eastern Latvia. There are 22 primary and secondary schools, four vocational schools, and the Saules College of Art. More than 1,000 teachers and engineers graduate from Daugavpils Pedagogical University (now Daugavpils University) and the local branch of Riga Technical University annually. The city theatre was restored a couple of years ago. There is also one cinema as well as other cultural institutions. The city exhibition center offers many cultural activities. There are also several architectural, historical, and cultural monuments in Daugavpils. The most prominent is the Daugavpils fortress of the late 18th–19th centuries.

The historical centre of Daugavpils city is an architectural heritage of national importance (the construction work was carried out in the 19th century according to the project endorsed in St Petersburg in 1826). The historical centre is the greatest attraction of the city and one of the most successful examples of balancing the aspects of ancient and modern times. Daugavpils is one of the few cities in Latvia which can pride itself on a unified ensemble of both classic and eclectic styles. The cultural heritage of architectural, artistic, industrial, and historical monuments combined with the picturesque surroundings create the essence of Daugavpils' image and endow it with a special charm.



The town's history began in 1275 when the Livonian Order built Dünaburg castle 20 km up the Daugava river from where Daugavpils is now situated. In 1561 it became part of the Polish–Lithuanian Commonwealth (see: Duchy of Livonia) and in 1566 became capital of the Inflanty Voivodeship, which existed until the First Partition of Poland (1772). In 1577 the Russian tsar Ivan the Terrible captured and destroyed Dünaburg castle. That same year, a new castle was built 20 km downriver. In 1582 Daugavpils was granted Magdeburg town rights. In the 17th century, during the Russo–Swedish War initiated by Tsar Alexis of Russia, the Russians captured Daugavpils, renamed the town *Borisoglebsk* and controlled the region for 11 years, between 1656 and 1667. Russia returned the area to Poland following the Treaty of Andrusovo (1667).



PROGRAM and WORKING METHODS

During the project activities the youth people will have an opportunity to get to know a culture, Christmas traditions in each country, communicate in the English language etc. A lot of the activities are planned in the open air. It is so that popularizing the preferences of the leisure activities, there are included activities concerning the conditions of sustainable lifestyle and the possibilities to follow them every day.

Realizing the activities planned in the project, there was promoted the development of the international dialog, the improvement of the youth communication and social skills, the broadening of the outlook, awareness of the belonging to the European youth community.

The aims of the project are:

Introducing youth from different regions, who have similar interests - get to know different European countries and their celebration traditions (in this case Christmas traditions), to contribute intercultural dialogue, youth mobility and the sense of belonging to the European youth community.

The tasks of the project are:

- to realize a youth exchange project and to connect youth from Latvia and other European countries;
- to contribute intercultural dialogue through getting to know different winter and Christmas traditions;
- to organize project activities considering the principles of informal education;
- to organize different team building activities, group work and ice breaking games;
- to inform the project participants about Christmas activities and Christmas traditions;
- to inform participants of the project about Christmas activities and traditions;
- to organize different activities about the relation between winter and Christmas;
- to connect all the participants of the project and to promote their improvement and schooling;
- to do social work and organize Christmas activities in the house of orphan children;
- to provide all the necessary materials for participants of the project;
- to organize a successful Christmas party in a multicultural society.

PARTICIPANTS

Due to the plan, the young people at the age of 16 to 30 (1 leader + 5 youths) will take part in the project all together: young people from Italy, Portugal, Greece, Romania, Poland as well as from Latvia, The project activities will last 10 days, during which there will be various theoretical and practical studies concerning the project themes. All the project participants will live in the hotel "ERFOLG" which is situated in Daugavpils where the main activities will take place.

Now each partner (group leaders) should complete their participants as soon as possible which is the first step for preparation, because groups should start to buy their tickets.

TRAVEL COSTS AND TRAVEL DAYS

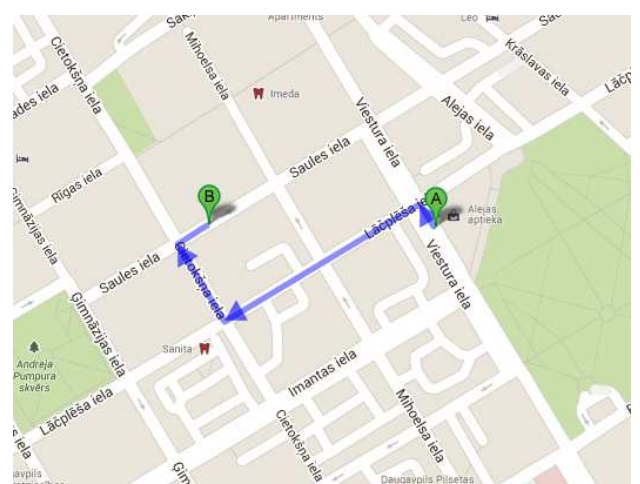
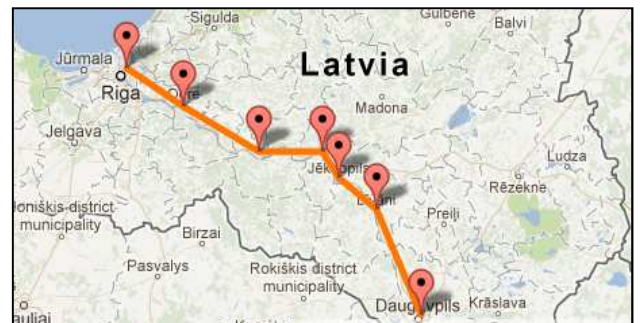
Travel costs will be covered according to distance calculator according to distance between place where participants live to venue of the project. http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm

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First activity day of project is 11th of December so make sure that you arrive to Daugavpils on the 11th of December before 18.00. And you will leave Daugavpils on the 20th of December about 15.00.

When you will arrive to Riga we recommend you to use train or bus services to get into Daugavpils (Riga – Daugavpils):

Riga	Daugavpils	In the way	Price of the ticket
Train			
07:40	11:30	03:50	7.05 Eur
15:45	19:10	03:23	7.05 Eur
16:46	21:07	04:21	7.05 Eur
Bus			
04.00	07.40	03.40	8.90 Eur
07.30	11.10	03.40	8.90 Eur
08.40	12.30	03.50	8.90 Eur
10.00	13.40	03.40	8.90 Eur
11.50	16.05	04.15	8.90 Eur
13.35	17.35	04.00	8.90 Eur
14.30	18.10	03.40	8.90 Eur
15.30	19.10	03.40	8.90 Eur
18.05	21.50	03.45	8.90 Eur
19.20	23.00	03.40	8.90 Eur
22.20	23.59	03.39	8.90 Eur
You can find the transport list of the trains and buses here:			
http://www.1188.lv/transport			



If you will drive by bus then on the map below you can see how to get to our Society „ERFOLG” office.

Where:

A: Bus station

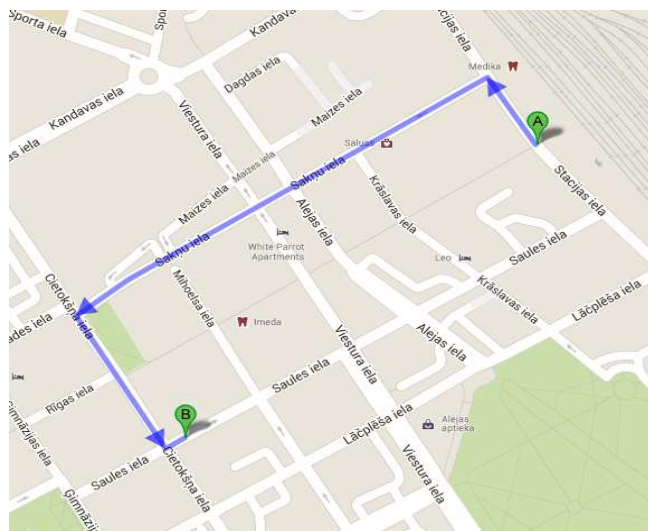
B: Society Erfolg office

If you are driving by train then on the map bellow you can see how to get to our Society „ERFOLG” office.

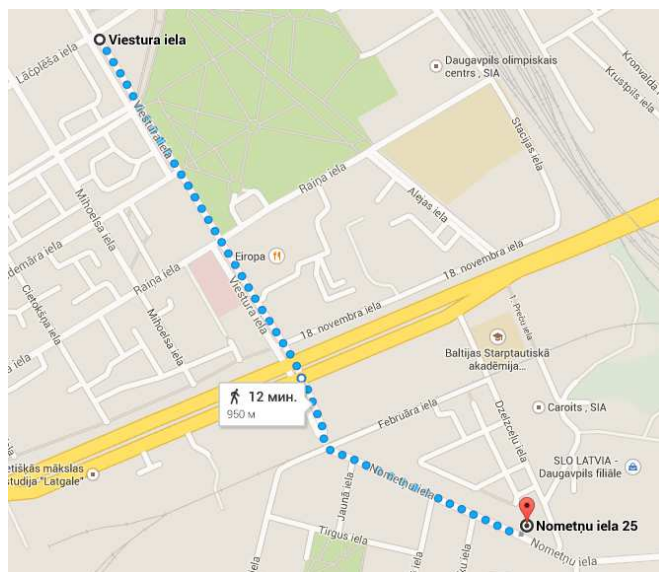
Where:

A: Railway station

B: Society Erfolg office



Accommodation place are 12 minutes from Bus station.



Anyway our volunteers will meet you on the railway or bus station! 😊

Meating place: Society „ERFOLG”

T:(+371) 20371892, (+371) 65420019

E-mail : erfolg@inbox.lv

Address: Cietokšņa street 44, Daugavpils



Or in

Hotel „ERFOLG”

Address: Nometņu Street 25a, Daugavpils, Latvia.

T:(+371) 2591225, T:(+371)65420019

E-mail : hotelerfolg@inbox.lv



Some phrases in Latvian:

Jā - yes

Nē - no

Lūdzu - please

Paldies - thanks

Liels paldies - thank you very much

Labrīt - good morning

Labdien - good afternoon

Labvakar - good evening

Atā - bye

Uz redzēšanos - goodbye

Ar labunakti - goodnight

Ieeja - entrance

Izeja - exit

Grūst - push

Vilkt - pull

Avārijas izeja - emergency exit

Tualetes - toilets

Basic information about the Daugavpils city you can find here:

<http://en.wikipedia.org/wiki/Latvia>

<http://www.lonelyplanet.com/latvia>

<http://www.latvia.travel/en/tourist-information-centres>

<http://www.visitdaugavpils.lv/>

Currency: EURO

Project language: English



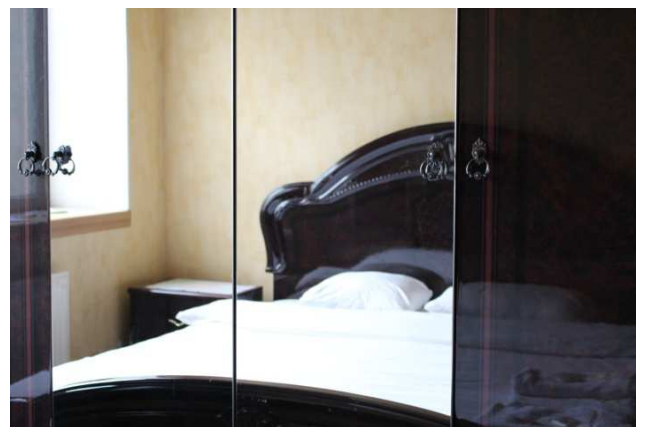
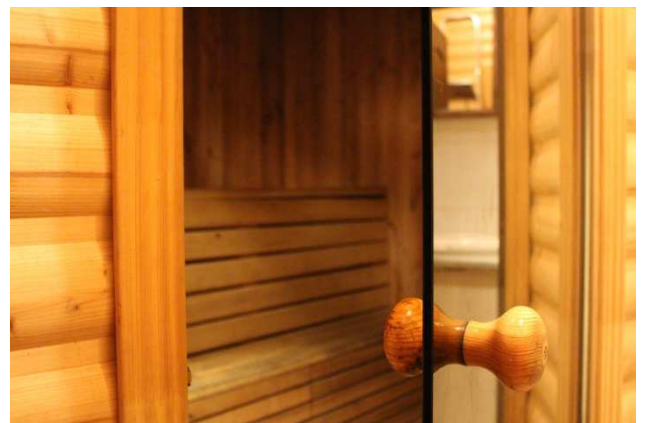
ACCOMMODATION

Hotel „ERFOLG” T: (+371) 25912250, T: (+371) 65420019

Address: Nometnu Street, Daugavpils, LV-5400, Latvia.

Dates: 23.08.2014. - 31.08.2014.

More information may be viewed here: <http://www.booking.com/hotel/lv/hotel-erfolg.ru.html>



HOMEWORK

- Presentation “**Christmas tradition in my country**”
- Try to find some creative energizers, teambuilding activities, outdoor activities
- Prepare some your country Christmas games.
- Be prepared to cook some Christmas dishes or snacks
- Presentation about society

PREPARATION AND CHECK LIST

- Collect all the participants make the team
- Buy the tickets and contact us, send us your e-ticket
- Fill the reimbursement sheet and send it to us
- Get the energy to travel and have great 10 days in Latvia
- Get a comfortable warm winter shoes, warm winter clothes, winter jacket, hats, gloves, scarves
- Prepare cultural evening, present your culture, group home works
- **Each should take some small present from your country**
- Join in the facebook group

<https://www.facebook.com/groups/454356294705883/members/>

For more information and questions you can contact us:
by e-mail address ERFOLG_project@outlook.com
or phone number (+371) 20371892, (+371) 65420019

**See you all in this excited winter adventure
on the 11th of December 😊**

Society „ERFOLG”